

Race Rules

UltrAndoraRun, 2° Edition – Sunday the 3rd of October 2021, Port of Andora (SV)

RunRivieraRun Amateur Athletic Association, under the authority of the Italian Federation of Light Athletics (FIDAL) and the IUTA, in collaboration with the Andora city council, have organized the 2nd Edition of the UltrAndoraRun, Bronze National category, recognized as a Bronze Label event by the IAU, the Ultra-Marathon hosting a 6-hour and a 12-hour event both taking place on Sunday the 3rd of October in the Andora Marina, Andora (SV). Both events will begin at 9:30am, as will the 6-hour relay race (from 2 to 6 members).

The 2-kilometer track is measured and approved by (certified by) FIDAL judges.

1) Participation Requirements

In accordance with the 'Rules for event organization' issued by FIDAL, the right to participate is extended to registered athletes who are over 18 years of age and in possession of one of the following requisites:

2021 membership with a FIDAL affiliated athletic association/club (it is obligatory to fill out the registration forms with the number of the specific association/club and the athlete's personal code)

Possession of a Runcard, limited to athletes over 20 years old. Athlete participation is in any event subject to:

A) Either the athlete in question presenting an original, valid and up-to-date medical certificate that attests to his/her eligibility for light athletics and a photocopy of the same that will be kept by the event organizers. Medical certificates for foreign non residents can be issued abroad, but they must include the same medical exams as the Italian certificate: a) a medical check-up b) a complete urine test c) an ElectroCardioGram following exertion and at rest, and d) a lung function test

B) Or the organizer's confirmation of an existing valid medical certificate specific for competitive athletics, using the Runcard database.

C) Or the organizer's confirmation of an existing valid medical certificate specific for competitive athletics, using the relative application on a tablet/phone, etc.

Athletes who are members of Sports Promotion Authorities (in the athletic section) who possess a Runcard-EPS; however, participation is still subject to:

A) Either the athlete in question presenting an original, valid and up-to-date medical certificate that attests to his/her eligibility for light athletics and a photocopy of the same that will be kept by the event organizers. Medical certificates for foreign non residents can be issued abroad, but they must include the same medical exams as the Italian certificate: a) a medical check-up b) a complete urine test c) an ElectroCardioGram before and after exertion d) a lung function test

B) Or the organizer's confirmation of an existing valid medical certificate specific for competitive athletics, using the Runcard database.

C) Or the organizer's confirmation of an existing valid medical certificate specific for competitive athletics, using the relative application on a tablet/phone, etc.

Unregistered athletes who are resident in Italy may request membership from the RunRivieraRun Amateur Athletic Association (with annual FIDAL membership) by directly contacting the organization.

Italian Residents can purchase a RUNCARD for €30 (€15 for Residents who are members of Sports Promotion Authorities) on the website www.runcard.com. Once the RUNCARD has been purchased, it will be sent via email along with your request confirmation.

Participation is permitted to Italian and foreign athletes who are not associated members in Italy, older than 18 years of age and who possess one of the following requirements:

a) membership pertaining to affiliated associations of a foreign Light Athletics Federation recognized by the IAAF. At the time of registration, athletes will alternatively have to present:

- A self-certification that attests to possessing an IAAF- recognized membership. The self-certification will then be signed at the moment the athlete is given his/her number bib.

b) possession of a Runcard (that acts as sports insurance and right to compete), available to people over 20 years of age. Athlete participation is in any event subject to:

a) Either the athlete in question presenting an original, valid and up-to-date medical certificate that attests to his/her eligibility for light athletics and a photocopy of the same that will be kept by the event organizers. Medical certificates for foreign non residents can be issued abroad, but they must include the

same medical exams as the Italian certificate: a) a medical check-up b) a complete urine test c) an ElectroCardioGram following exertion and at rest, and d) a lung function test

b) Or the organizer's confirmation of an existing valid medical certificate specific for competitive athletics, using the Runcard database.

c) Or the organizer's confirmation of an existing valid medical certificate specific for competitive athletics, using the relative application on a tablet/phone, etc.

Foreign Residents can purchase the RUNCARD for €15 online at www.runcard.com. Once the RUNCARD has been purchased, it will be sent via email along with your request confirmation. Possessing a runcard is of indispensable importance because it offers the necessary medical insurance coverage which is mandatory according to Italian law, given that the athlete is not an Italian Athletics federation member.

2) How to Register

Athletes can register until Thursday the 30th of September 2021 using the portal www.wedosport.net or in person at RunRivieraRun's headquarters in Via G.B. Montaldo 22 in Pietra Ligure, or by tel. 019.6898607 or by email: info@runrivierarun.it

Participants cannot register to compete on Sunday 3 October 2021, the day of the three events.

Documents needed for registration

A) Registration Form (available at www.wedosport.net and at the RunRivieraRun Amateur Athletics Association headquarters);

B) 1 photocopy of his/her Fidal membership card, valid the day of the race;

C) 1 photocopy of his/her medical certificate attesting to the participant's eligibility for light athletics;

D) medical certificates that do not specifically attest to one's eligibility for light athletics will not be accepted (no race walking disciplines);

E) Runcard holders will have to show a copy of their Runcard, along with their medical certificate.

At the time of registration, participants will have to declare which distance event he/she will take part in (6-hour, 12-hour, or 6-hour relay).

3) Registration Costs (frozen prices 2020)

€ 30 registration for the 6-hour;

€ 35 registration for the 12-hour;

€ 15 (per athlete) registration for the 6-hour relay.

Payment of registration fees can be carried out online or by direct debit at www.wedosport.net or in cash at the RunRivieraRun headquarters.

Member athletes of other sports federations, such as FITRI, will not be considered members and must follow all FIDAL norms and regulations (including FIDAL or FIDAL affiliated membership or RUNCARD membership).

4) The Cost of Registration covers:

1) 1 Race kit, including tech gadgets and products offered by the event's sponsors.

2) 1 Number bib with an integrated single-use microchip.

3) Third-Party Civil Liability Insurance.

4) A Medal for the athletes who finish with at least 42,195 meters run (marathon length).

5) 1 Diploma of participation displaying the athlete's arrival time, downloadable at www.wedosport.net

6) Refreshment and 'Pasta party'. Schedule TBD when bibs are handed out.

7) Technical assistance (refreshment and sponging along the race route).

8) Guaranteed medical assistance at the Finish Line, including emergency services deployed.

9) Timing service.

10) Safekeeping of the athletes bags and personal effects with numbered stickers matching the bibs to identify each bag.

- 11) Bathrooms and showers at the Start/Finish Line.
- 12) Massages.

All above-mentioned services (refreshments/food provided by organizers, personal refueling supplies, possible rest stops, sponging, massages, medical assistance, showers and bathrooms, pasta) will be found inside the Neutral Zone, the only area in which athletes will be able to receive assistance (max. 1 assistant per athlete).

5) Personal refueling

The Neutral Zone will be set up with tables made available for personal beverages or food. If athletes do not have an assistant with them (who will only be able to stay in the Neutral Zone), must label his/her personal refueling supplies with personalized stickers or put them in the spaces made available by organizers for the individual athletes. Athletes will have access to this area in order to place their personal supplies 30 minutes before the events. The organizers want to remind participants that taking or receiving food or drinks outside of the Neutral Zone is strictly prohibited.

6) Important Notes

- The Chip must** be fastened before entering the start area.
- Clothing** must be in compliance with the International Technical Rules requirements. Changing clothes is allowed during the race, on the condition that the participant's bib is always clearly visible.
- The on-duty Doctor** is the only person who is authorized to enter the track in the event an athlete gets hurt. The doctor will make any final decision regarding the immediate withdrawal of an athlete if the circumstances deem said action necessary.
- No form of **entourage or escort** during the race is allowed, with the penalty being disqualification.
- Assistants** will only be able to approach athletes in the Neutral Area in order to complete purely assistance-based operations in a timely fashion.
- The use of headphones/earbuds, mobile phones or similar devices **is permitted** during road races, although sensible use is recommended for the safeguard of participants safety.
- Leaving the track** is only permitted to reach the Neutral Zone or areas reserved for medical assistance, unless otherwise explicitly authorized to do so by race judges.
- Rest stops** are allowed in the Neutral Zone only.
- Leaving the track** for any other inadmissible reason will result in the participant's disqualification.
- Athletes must** throw rubbish, cups, etc., in the designated bins made available along the track (with the penalty being disqualification from the race).
- IAAF and FIDAL rules** apply to anything not specified in this rules section.

7) Anti-doping

Events in accordance with IAAF, FIDAL, CONI and WADA regulations.

8) Grievances

Any grievance must first be verbally presented to the FIDAL technical delegate within 30 minutes of the official publication of race results; Thereafter, appeals must be presented in writing to the Jury of Appeals, along with the €100 federal tax.

9) Race kit and bib collection

Participants will find their race kits and bibs at their assigned post, containing the following technical gear: 1 microchip (for tracking laps and times); 2 bibs (1 on the chest and 1 on the back in compliance with International Technical Rules); 8 safety pins; an orientation letter containing useful information, a sticker matching the bib number for the bag drop, numbered stickers with bib number for drink bottles and refueling supplies, at the start/finish line in Andora Marina, Sunday the 3rd of October, from 8am to 9am (half an hour before the start).

It will be possible to collect another athlete's number bib and race kit by presenting authorization signed by the athlete in question, along with a copy of his/her medical certificate and a photocopy of his/her identity document.

10) Prizes

For all participants: race kit with technical gear

For all participants who finish with at least 42,195 meters covered – marathon distance: a medal and diploma (for instructions on how to print, visit www.wedosport.net)

Prizes by Rankings (both for the 6-hour and the 12-hour):

Women's Overall: non-cash prizes for the top 3 female athletes and €150/€100/€50 respectively, only for the 12-hour.

Men's Overall: non-cash prizes for the top 3 male athletes and €150/€100/€50 respectively, only for the 12-hour.

Categories: non-cash prizes for the top 3 athletes for every category (Fidal and IUTA together)

Categories are subdivided thusly: young talents/SM34, SM35-44, SM45-54, SM55-64, SM65 and above, and young talents/ SF34, SF35-44, SF45-54 SF55-64, SF65 and above.

Prizes for the top 3 Relay teams: men's overall, women's overall and mixed.

Cash prizes will not be paid out on the day of the race, but rather via direct debit within the 15th of January 2022.

No prize money (or similar compensation such as generic vouchers, bonuses, contracts or reimbursement of any kind) can be provided to athletes in possession of 'Runcard' or 'Runcard EPS'.

Take note: prizes for overall results and those for categories are not accruable.

Prize Ceremonies for the 6-hour and relay: 4pm

Prize Ceremonies for the 12-hour: 10pm

11) 6-Hour, 12-Hour and 6-Hour Relay Location

All three events will take place on a paved track which is approximately 2000 meters, or 2 kilometers, starting and finishing in Andora Marina.

12) Results – Measurement and updates

Each athlete will be given an electronic microchip that will allow for the timing of every lap completed on the track. Said timing is subject to verification on the part of the FIDAL technical delegate. The start of each of the three races will be the same as the finish line.

For each of the events, every completed lap, including possible incomplete laps at the end of the time limit, is counted for each of the participants. In order to make measurements of partial/incomplete laps, participants will be given numbered tags that must be left on the ground in the exact place where the athlete arrived at the end of the time limit (be it 6 hr or 12 hr), under the supervision of the race judges. The final summation will be rounded down to the nearest full meter. As established by FIDAL and IUTA ultramarathon regulations, official rankings will only include results greater than the distance of a marathon, i.e. 42,195 meters.

A display board will be present in the timing station showing updates of partial results of each race.

The bib, which must be positioned on the chest in such a way that it is visible and must not be reduced in any

way before or during the race (rule 143.8), does not have to return to the event organizers following completion of the marathon.

Final rankings will be available starting on Sunday the 3rd of October at www.wedosport.net and starting Monday the 4th on www.runrivierarun.it and www.ultrandorarun.com

Photographic services will be present during both events.

The event organizers are covered by insurance for accidents that participants, third parties or things may suffer before, during or after the event.

In accordance with Rule 144.3(a) of the GTR, the following will not be allowed and causes disqualification:

1. People running who are not official participants in the marathon
2. the presence of helpers or chaperones both on bicycle and in motor vehicle

In accordance with Regulation 240.8 (h), athletes must not:

1. Receive or take water in places other than those pre-established by the event organizers

In accordance with Regulation 144.4 (d) devices such as heartbeat monitors, speedometers, step counters, etc., are permitted, so long as they are not used to communicate with other people.

13) Hotel Reservations

Participating hotels can be found at www.ultrandorarun.com

14) Image Rights

Athletes registered to participate in the UltrAndoRun expressly authorize the free use of their personal images; including still images, filmed images and personal information, both on television, the internet and in newspapers, with the intent to promote and popularize the UltrAndoRun and present and future promotional and athletic events connected therein.

15) Safeguard Clause

By sending the UltrAndoRun registration forms, both the athletes and the directors of said athletes' Sports Clubs acknowledge and accept the regulations published at www.ultrandorarun.com

For anything that is not dealt with in the rules here present, 'Event Organization Regulations 2021' and Global Technical Regulations are in effect.

Athletes who do not transit past the data collection stations along the UltrAndoRun route will be disqualified.

16) Failure to take place

In the event the race were to be cancelled, postponed to another date and/or unsuccessful for reasons not depending on nor attributable to the event organizers' intentions (comprising the revocation of public permits on the part of local government bodies), registered participants will not demand anything from RunRivieraRun Amateur Athletics Association, including reimbursement for expenses past, present and future. Registered participants renounce the right to any and all requests for compensation and/or reimbursement and/or demands for reintegration.

Information

info@runrivierarun.it

The organizers reserve the right to modify regulations herein at any time, for the purposes of guaranteeing the best possible event management. Any eventual modifications to services, locations and schedules will be communicated to athletes via email or published on the site www.ultrandorarun.com

COVID-19

This rule has been written up in the hope that by the date of the event covid-19 will have passed, and that the race can go ahead as always.

In the event to the contrary, specific rules will have to be written that establish operational protocols necessary for avoiding clusters and outbreaks.